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### Tuesday August 20, 2019

#### Parks & Rec

**Mackinac Miles**

4:30 PM - 5:30 PM

Mission Point Resort Mackinac Island MI 49757  
9062980333

Mackinac Miles is a running club for all abilities that runs a 5K every Tuesday and Thursday throughout the summer.

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### Wednesday August 21, 2019

#### Parks & Rec

**Pilates**

8:00 AM - 9:00 AM \$10 per class

Community Hall P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come and start your morning off with Pilates.

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### Thursday August 22, 2019

#### Parks & Rec

**Mackinac Miles**

4:30 PM - 5:30 PM

Mission Point Resort Mackinac Island MI 49757  
9062980333

Mackinac Miles is a running club for all abilities that runs a 5K every Tuesday and Thursday throughout the summer.

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### Friday August 23, 2019

#### Parks & Rec

**Pilates**

8:00 AM - 9:00 AM \$10 per class

Community Hall P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come and start your morning off with Pilates.

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### Sunday August 25, 2019

#### Parks & Rec

**Yoga**

7:30 AM - 8:30 AM

Marquette Park P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come to Marquette Park and start your week of right with yoga. If the weather is poor class will be held at Mackinac Island Public School (use the entrance by the flagpole).

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**Beach Volleyball**

7:00 PM - 9:00 PM

Turtle Park P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come on up to Turtle Park and enjoy our sand volleyball court with some pick-up volleyball.

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**Beach Volleyball**

7:00 PM - 9:00 PM

Turtle Park P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come on up to Turtle Park and enjoy our sand volleyball court with some pick-up volleyball.

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### Monday August 26, 2019

#### Parks & Rec

**Pilates**

8:30 AM - 9:30 AM \$10 per class

Community Hall P.O. Box 455 Mackinac Island MI 49757  
9062980333

Come and start your morning with Pilates at the Community Hall. Please bring your own mat.

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### Monday August 26, 2019

#### Parks & Rec

**Bike the 8**

7:00 PM - 8:00 PM

Mackinac Outfitters Mackinac Island MI 49757

9062980333

Bring your own bike and safety gear and bike around the island. We will stop from time to time to do some exercises then hop back on our bikes.

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### Tuesday August 27, 2019

#### Parks & Rec

**Mackinac Miles**

4:30 PM - 5:30 PM

Mission Point Resort Mackinac Island MI 49757

9062980333

Mackinac Miles is a running club for all abilities that runs a 5K every Tuesday and Thursday throughout the summer.

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